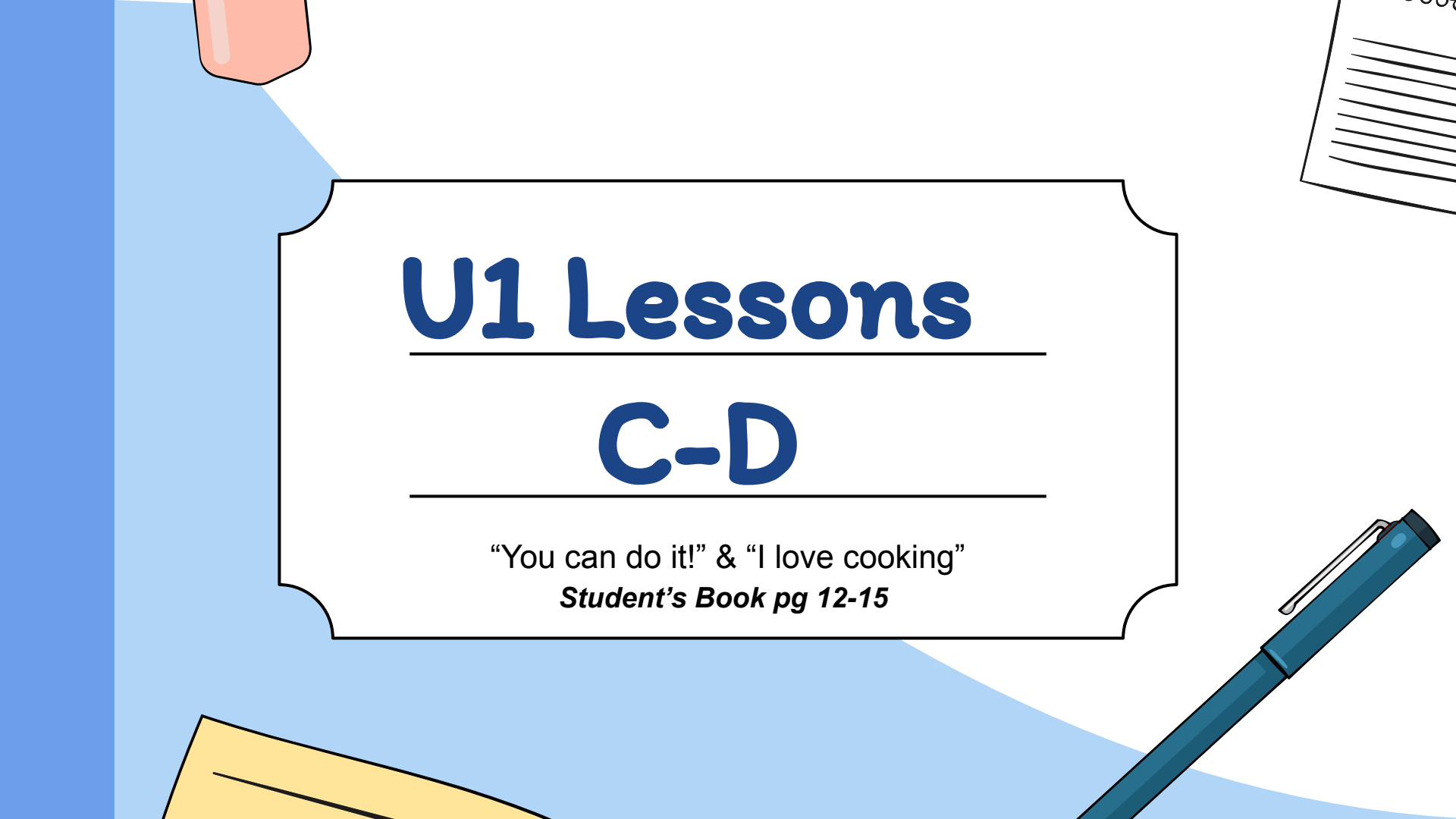




U1 Lessons

C-D

“You can do it!” & “I love cooking”

Student's Book pg 12-15

Lesson Objective:

By the end of this lesson, you will be able to:

- talk about emotions and feelings
- understand street interviews about people's likes and dislikes.



Steps of the lessons

01

Vocabulary

Feelings

02

Grammar

Verbs + *-ing* form

03

Video

Street interview about
preferences

04

Writing

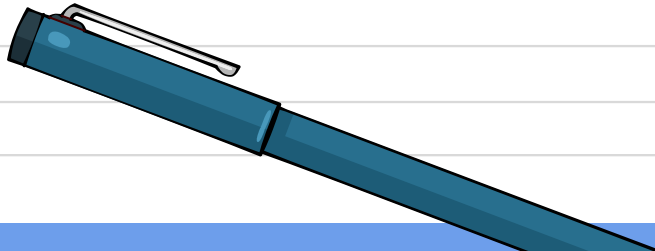
Write an online profile
talking about your
preferences



1.

FEELINGS Vocab

Student's Book pg 12
[Lesson C]



Warm-up activity

Work in pairs.

- What do you think the father is saying?
- How do you think the child feels?
- What words do you know to describe feelings in English?

Student's Book pg 12



Words to change your mood

It's always nice to do things for the people you care about. But sometimes a few words can change how other people feel. Use one of these phrases today to put a smile on someone's face!

- 'Nice coat! Is it new?' – People like it when you notice something new.
- 'It'll be OK.' – Sometimes someone feels **stressed** about something for a good reason. These words can make them feel a little more **positive** about things.
- 'I know what you mean.' – This means you're really listening to the other person. You're **interested** in their ideas. But only say this if it's true.
- 'You can do it!' – This helps when people are **afraid** of trying something new. You can also say, 'You'll be great!'
- 'What do YOU think?' – People are always **pleased** about it when you think their opinion is important.
- 'That's a really good question!' or 'What a great question!' – These are good things to say to someone who isn't very **confident** about speaking and you want to help them.
- 'Do you want to have a chat or maybe go out for a coffee?' – This can help people when they are feeling **unhappy** about something or they are perhaps a little **lonely**.

Vocabulary - Feelings

1. Stressed

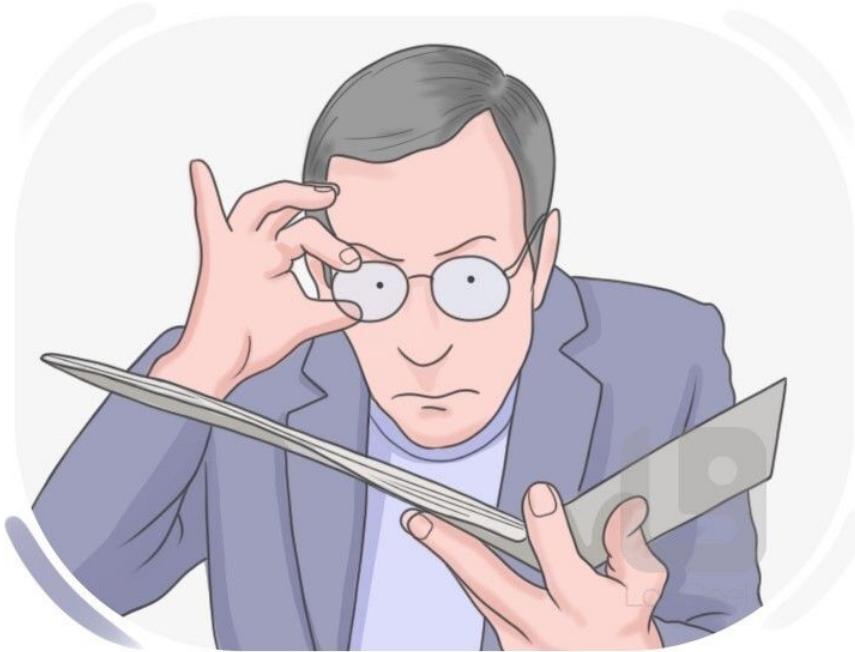


2. Positive



Vocabulary - Feelings

3. Interested



4. Afraid



Vocabulary - Feelings

5. Pleased



6. Confident



Vocabulary - Feelings

7. Unhappy



8. Lonely



ACTIVITY 1

Student's Book pg 12

1C. Match sentences (1–8) with sentences (a–h). Use the article to help you.

1. He needs to relax.		a. She sometimes feels lonely .
2. She knows a lot about animals.		b. He's pleased about it.
3. He drives very slowly.		c. She's really interested in their lives.
4. She doesn't often see people now she's working from home.		d. He looks stressed .
5. He finished the painting last night and he likes it.		e. She's feeling very confident .
6. She's sure she can do it.		f. He's unhappy at work.
7. He doesn't like his job.		g. She's feeling positive about the future.
8. She's feeling good about going to university.		h. He's afraid of having an accident.

ACTIVITY 2

feelings

- 1 A** Match the statements (1–8) with the feelings in the box.

afraid confident interested lonely
pleased positive stressed unhappy

- 1** I'm sure I can pass my driving test. I've had a lot of practice. **confident**
- 2** Bad things happen sometimes, but mostly things go well! **positive**
- 3** I don't like high places. I don't want to fall! **afraid**
- 4** They offered me the job! **pleased**
- 5** Moving to a new city is hard. I don't have anyone to talk to. **lonely**
- 6** It's 4 p.m. and I have a lot of work to finish before I can go home. **stressed**
- 7** The food arrived late and it wasn't what I ordered! **unhappy**
- 8** You lived in Mozambique? Wow, tell me all about it! **interested**

Workbook pg 8

- B**  Choose the correct word or phrase to complete the sentences.

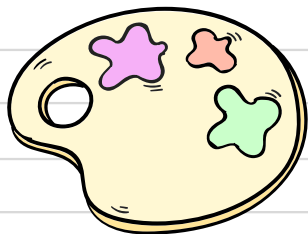
- 1** I'm sorry you're **afraid** / **pleased** / **unhappy** with the room in your hotel.
- 2** Are you feeling **confident** / **interested** / **lonely** about your exam?
- 3** I'd like to try a dangerous sport, but I'm too **afraid** / **positive** / **stressed**!
- 4** I feel very **interested** / **lonely** / **positive** when I live on my own and no one comes to visit me.
- 5** I'm really **interested** / **pleased** / **positive** in learning more about these trees.
- 6** Eddie looks tired and **confident** / **pleased** / **stressed** today.



2.

Grammar

Verbs + -ing
Student's Book pg 15
[Lesson D]



Likes and Dislikes

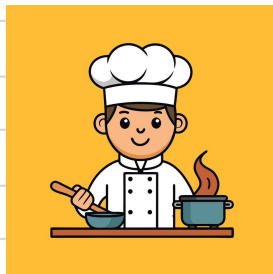
Verbs + -ing

Sometimes, when we have 2 verbs together in English, the **second verb** goes with **-ing**.

Example:

-I like **cooking**.

-I hate **dancing**.

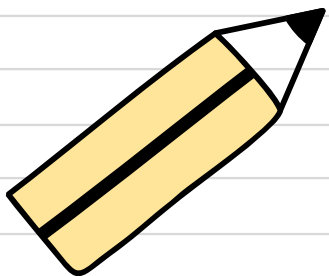


We use **-ing** form after verbs of **feeling**.

love, like, enjoy,

hate, dislike (not like)

not mind → (it's not a problem)



Examples:

- I don't mind waiting.
- She doesn't mind doing extra work.



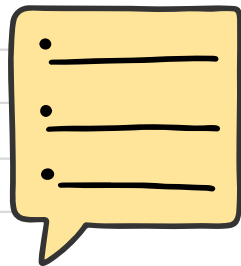
Verb forms in -ing

Student's Book pg 99
[Lesson D]

infinitive	-ing form	spelling
join cry	join ing cry ing	most verbs, add <i>-ing</i>
hide wake up	hid ing wak ing up	verbs ending <i>-e</i> , change <i>-e</i> to <i>-ing</i>
swim begin	swim ming begin ning	verbs ending consonant + vowel + consonant (CVC), double the final consonant and add <i>-ing</i>
know play	know ing play ing	verbs ending CVC with <i>-y</i> , <i>-w</i> or <i>-x</i> , do not double the final consonant
offer develop	offer ing develop ing	verbs ending CVC when the stress is not on the final syllable, do not double the final consonant*

To + infinitive/base form

Student's Book pg 99
[Lesson D]



We use **would like**, **would love**, **would hate** + **to infinitive** to talk about something we want.

Examples:

- I **would love to go** with you to the party.
- Mary **would not like to see** James right now.

***Like, Not Like, Love, Hate**

They can be used with **to infinitive**.

I **don't like to eat** in the morning.
She **loves to draw** on her tablet.

ACTIVITY 1

Student's Book pg 99

1. Complete the sentences with the *-ing* form of the verb in brackets.

When I was young:

1. I liked **chatting** to my friends on social media. (**chat**)

2. I didn't like **going** to bed early. (**go**)

3. I enjoyed **winning** races at school. (**win**)

4. I loved **opening** a new exercise book. (**open**)

5. I loved **having** a party on my birthday. (**have**)

6. I hated **choosing** clothes. (**choose**)

7. I didn't mind **practising** the piano. (**practise**)

8. I disliked **meeting** new people. (**meet**)

9. I hated **doing** the washing up. (**do**)

10. I didn't mind **wearing** my school uniform. (**wear**)

ACTIVITY 2

Student's Book pg 99

2. Choose the correct words to complete the sentences.

1. Sam doesn't mind late.
2. Janine would love her own business.
3. I enjoy in the sun.
4. Would you like a rest?
5. Hurry up! I'd hate the train.
6. I hate near the sea.
7. They don't like working, but they love money.
8. She enjoys in the sea, but not in a pool.

What do you like most about your job?

Casey I'm a lorry driver. In my job, every day is different. I enjoy (1) different places and I love (2) in a new city. I don't mind being alone. I never get lonely because I usually listen to the radio or my music. Of course, I enjoy (3) and nowadays it's easier for me to drive a lorry than a car. What don't I like? Well, I hate (4) up early and I don't like (5) in the lorry all day. I often stop and go for a short walk.

Rowan I'm a hairdresser. I really enjoy (6) people's hair and I love (7) to their news. They tell me all about their lives. They often ask me about my holiday plans, but I don't mind (8) the same questions and (9) the same information nine or ten times a day. What don't I like? Well, I don't enjoy (10) all day, but I can't sit down and do my job.

ACTIVITY 4

Workbook pg 9

1. Find and correct one mistake in each sentence.

1. I enjoy to develop new skills.

2. My friend hates makeing mistakes.

3. We don't mind cook in the evenings.

4. I enjoy begining a new hobby.

5. I hate no sleeping well.

6. I'd love having a different job one day.

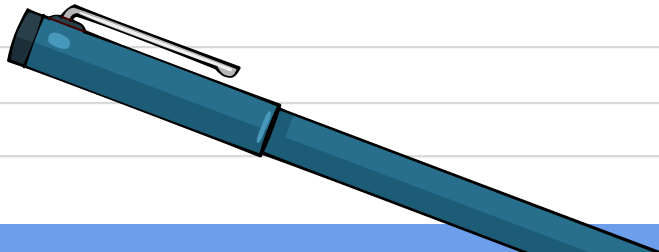
7. Karen doesn't mind to helping me with my work.

8. We not like working on Friday afternoons.

3. Video

Street Interviews

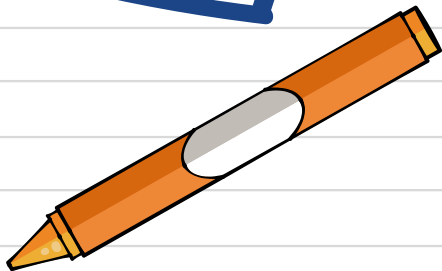
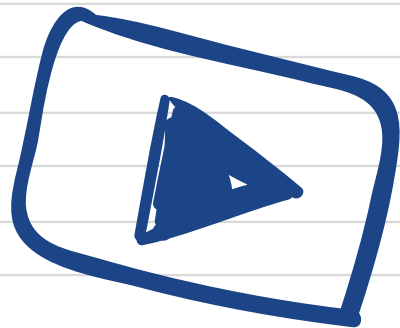
*Student's Book pg 14
[Lesson D]*



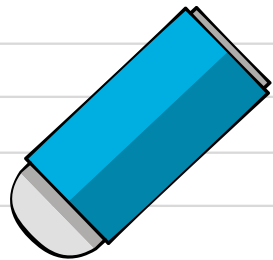
Preview

1 **A** Work in pairs. Write down two things that you think your partner likes and one thing that you think they dislike.

B Check with your partner. Were you correct?



View - Part 1



 Watch the first part of the video. Which topics in the box do the people mention?

music people shopping sport TV

Work in pairs. Complete the sentences.

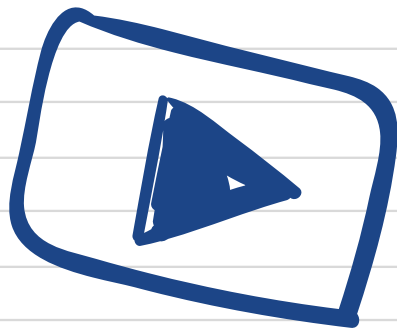
- 1 I love **baking** . I really love being in the kitchen.
- 2 I love singing, and just hanging out, not **doing** anything sometimes.
- 3 I actually play for my **football** team in school.
- 4 I like visiting **museums** .
- 5 I like coffee, **being** with friends, ...
- 6 I enjoy roller skating, and I also enjoy teaching **dance** .
- 7 I **roller-skate** maybe three times a week.
- 8 It's a lot of **fun** .

View - Part 2

3A  Watch the second part of the video. What is the most common thing that the people dislike?

B Work in pairs. What do you remember? Choose the correct words.

- 1 I really don't like **doing** / **putting** my make-up or my hair.
- 2 I really don't like getting up **really** / **super** early for university.
- 3 I hate waking up **when** / **after** it's raining.
- 4 I hate **not finishing** / **don't finish** all of my work that I need to do that day.
- 5 I hate taking the bus – it's **not interesting** / **boring** and it's quite long.



3D. Work in pairs. Which of the speakers is the most similar to you?



Gwyneth



Waheeds



Drew



Meg



Lisa



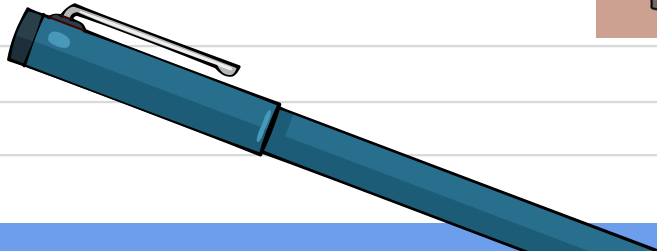
Paul



4.

Writing

Write an online profile
Student's Book pg 15
[Lesson D]



Writing Task



Ermiasdor01

Updated 12 minutes ago

[Connect with Ermias](#)

I really love doing things outdoors – hiking, camping, cycling – but I enjoy a lot of indoor activities, too. For example, I love cooking and watching films. I like being alone sometimes, and when I'm alone I like reading. Books are important to me and I love discussing a good book with other people.

I don't hate anything. (Actually, I hate the word 'hate'.) But there are a few things I dislike doing. I really don't like going to the theatre or to concerts because I don't like places with a lot of people.

Read the profile, and write yours.

Write about your likes and dislikes. You can use the model to help you.

Show it to your teacher for corrections.



**SEE YOU
NEXT CLASS**

