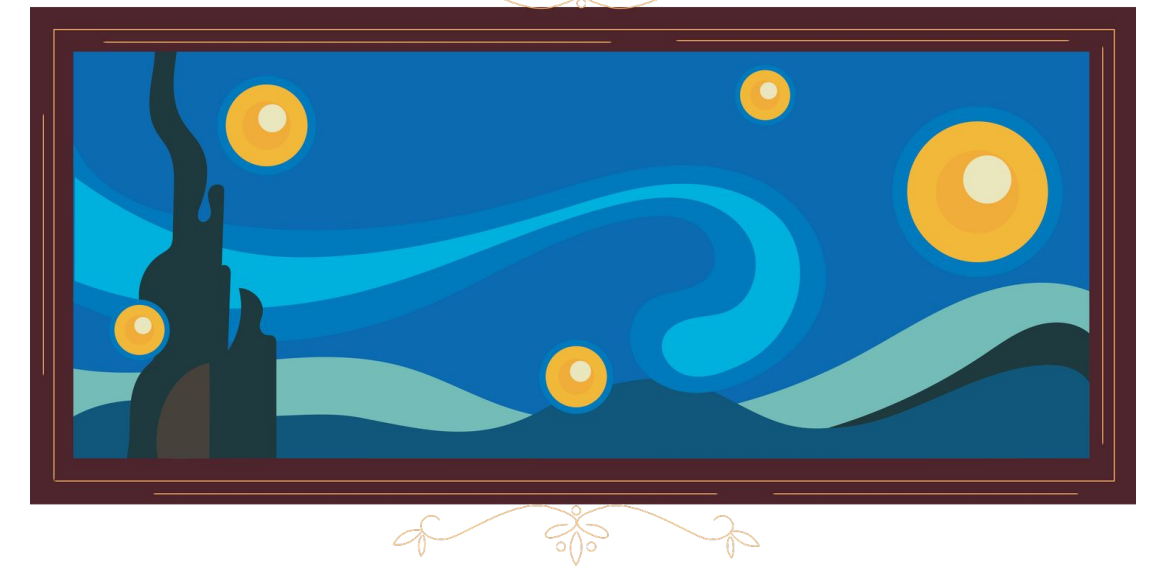


Lesson 3



C → *Amazing lives.*

D → *The time travellers.*



Steps of the lessons

Lesson C

1. READING

Amazing lives.

2. VOCABULARY

Lifestyle adjectives.

3. LISTENING

How to speculate.

Lesson D

1. READING & VIDEO

The time traveler.

2. VOCABULARY

Extreme adjectives.

3. WRITING

Competition entry.

Objectives

By the end of these lessons...

You will be able to speculate about famous people's lives by writing an entry about a day with a famous person that you choose.



2C Amazing lives

ST BOOK
pg. 26

1A. Work in pairs. Look at the photos and answer the questions.



1. Where are the people?
2. What are they doing?
3. What is unusual about their lives?

Reading

1B. Read the article.

- What do you think is the hardest thing about each lifestyle?



Life at the extreme

This week, we continue our profiles of some of the world's most amazing people, by looking at three women with extreme lives.

Life at sea

Diana Botutihe's lifestyle is definitely **unique**. She has lived her entire life at sea. Born at sea, she has spent her whole life on boats that are typically 5 m long and 1.5 m wide. She visits land only to trade fish for other essentials such as rice and water. It's a simple, **modest** life. Her boat looks homely: filled with water cans, cooking pots, plastic utensils, a kerosene lamp and a couple of pot plants. Diana is one of the world's last marine nomads, a member of the Sama-Bajau ethnic group, a group of Malay people who have lived a traditional life at sea for centuries.

Life in space

Astronauts have been living on the International Space Station for more than a decade. Whilst floating in the air without gravity may sound like fun, there are plenty of challenges which make doing even **ordinary** things like washing your hair difficult. Karen Nyberg spent more than twenty years in a hugely fulfilling career working as an astronaut. While she was on the Space Station, Karen, who enjoys running and has run nine marathons, would typically spend at least two hours a day training on a running machine or an exercise bicycle. Life in space can be **tedious** at times, so as well as dealing with technical and practical problems on the Space Station, Karen also enjoyed creative pursuits like sewing and sketching.

Life around the world

Rosie Swale-Pope is the only person in history to have undertaken a solo, unsupported run around the world. Over nearly five years, she has travelled over 32,000 km, facing extreme danger, **harsh** Siberian winters, wolves and loneliness. Rosie runs pulling a trailer, which she then uses to camp inside. Life on the road can be **exhausting**, but also incredibly **rewarding**. She says she is happiest when sleeping alone in remote forests and meeting people as she runs by day, often starting before dawn to avoid the traffic.

Vocabulary

Lifestyle adjectives

Exhausting: extremely tiring

Modest: humble; not showing off

Ordinary: normal; not special

Tedious: boring and repetitive

Rewarding: giving satisfaction or a sense of achievement.

Harsh: very severe or unpleasant



Vocabulary

Lifestyle adjectives

2A. Scan the article. Complete the sentences (1–7) with the adjectives in bold.

1. My life is so busy and tiring – it's **exhausting**.
2. My job is so **tedious** – I do exactly the same thing every day, so I'm always bored.
3. My job gives me a lot of personal satisfaction, as well as a good income – it's very **rewarding**.
4. My life is very **ordinary**, like everyone else's. There's nothing unusual about it.
5. I don't think anybody else lives like me. I have a(n) **unique** lifestyle.
6. My lifestyle is very **modest**. I don't spend a lot of money on myself.
7. Life here is very **harsh**, with very cold weather and a lot of snow in the winter.



Vocabulary Practice

1A. Choose the correct word to complete the magazine article.



a storm chaser

In this week's 'Interview with a ...', Zen Magazine talked to Micky Nguyen, who has the fascinating sounding job of storm chaser.

Zen Magazine (ZM): Being a storm chaser sounds like a pretty (1) **unique** job! I've never even heard of it.

Micky Nguyen (MN): You're right! The work is far from (2) **ordinary**, and I never expected to do this for a living. More and more people are starting to do it, though.

ZM: So, tell us what it involves. Following storms around ... ?

MN: Yeah, I have to get up close to storms so that I can place sensors to record weather data. The conditions can be (3) **harsh**, particularly in winter when most storms occur.

ZM: Why is there a need for what you do?

MN: It helps weather forecasters be able to give better storm warnings. It's (4) **--rewarding** that way because I know I'm helping people.

ZM: You drive all over the country – isn't that (5) **exhausting**

MN: I do get tired, yes. And there are risks. I could get struck by lightning! I never have, though. That sense of danger is exciting but I'm very careful.

ZM: Well, it certainly doesn't sound boring!

MN: Never! I used to work in an office and the work was pretty (6) **tedious**. The days would stretch on forever. The salary was better – I'm on quite (7) **modest** pay now in comparison, but I wouldn't change a thing!

Listening Activity

How to speculate

2 A  **2.06** | Listen to three conversations between friends. What do they speculate about?



Listening Activity

How to speculate

B  **2.06** | Match the sentence beginnings (1–8) with the endings (a–h). Then listen again and check.

- | | |
|---------------------------------|--|
| 1 I suppose it depends | a easily get cut off though. |
| 2 I'd have thought it | b forget home so easily! |
| 3 I reckon you could | c on how remote it is. |
| 4 I bet we'll settle in | d farmers will stay ... |
| 5 I know for a fact that | e in no time! |
| 6 There's no way I'll | f anyone here in 100 years' time! |
| 7 I doubt there'll be | g we're going to meet ... |
| 8 I'd imagine the | h wouldn't feel so small. |





Let's now move on to lesson 2D

2D The time traveler

ST BOOK

pg. 28

1A. Work in groups. Discuss the following questions:

1. Which famous artist can you name? What do you know about their lives?

2. What do you know about Vincent Van Gogh?



2D The time traveler

ST BOOK

pg. 28

1B. Read the programme information. What did you learn about Vincent van Gogh?

Doctor Who

Doctor Who is a BBC science-fiction series about a character called the Doctor who can travel backwards or forwards in time. In this episode he and his companion, Amy, go to France to visit the artist Vincent van Gogh. Van Gogh was a 19th-century painter from the Netherlands. During his lifetime, he was unsuccessful and had a difficult life. He was often unhappy because no one recognised his talent. After he died, his work became popular and he is now one of the most famous artists in history.

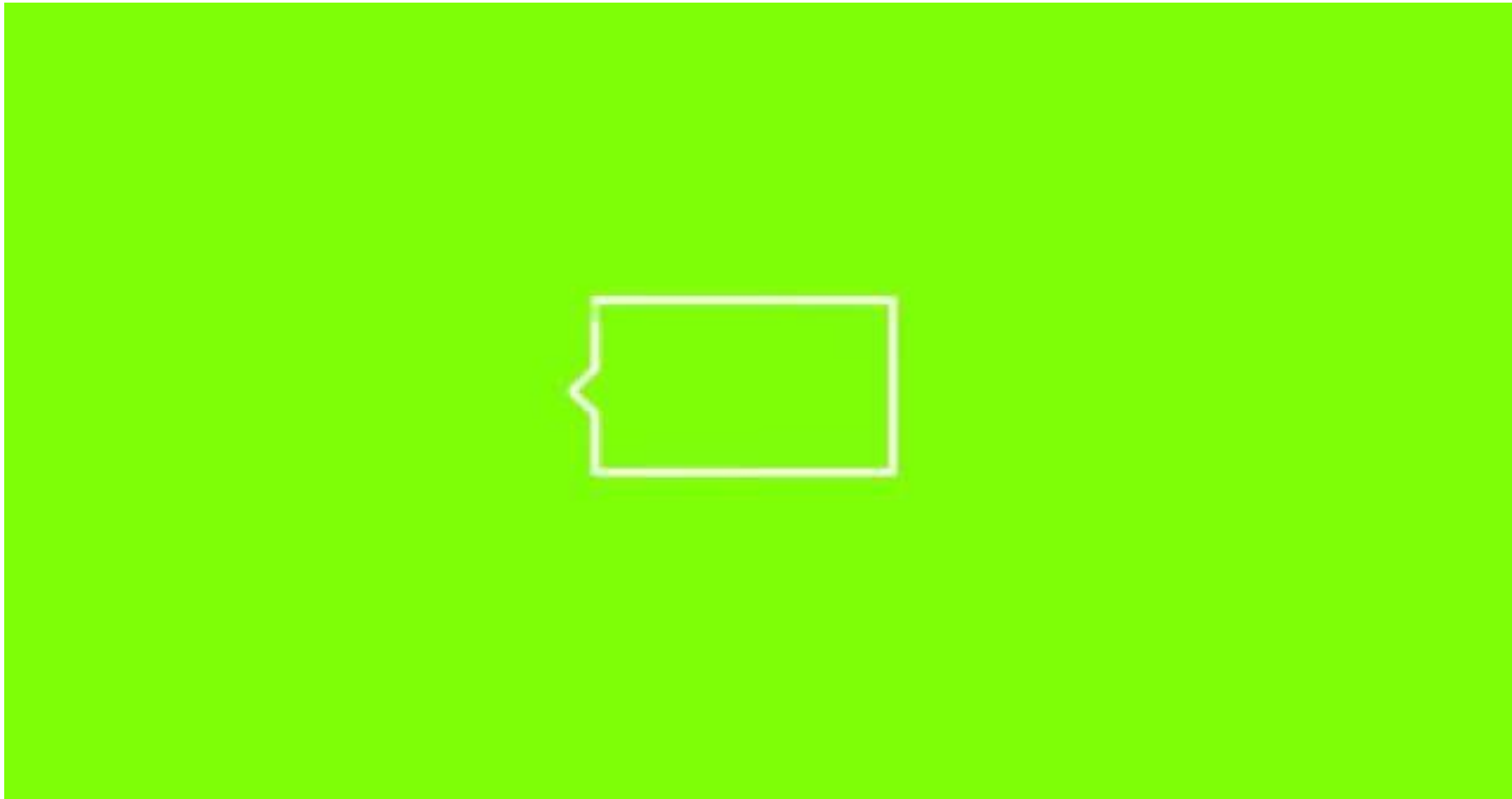


2D The time traveler

ST BOOK

pg. 28

2A. Watch the video. What does van Gogh learn about his paintings by the end of the episode?



2D The time traveler

2B. Put the events in order. Then watch the video again and check.

a. Van Gogh talks about the wonders of the universe. **4**

b. Van Gogh hears a tour guide speaking about his work. **8**

c. Van Gogh takes the Doctor and Amy to his cluttered home. **3**

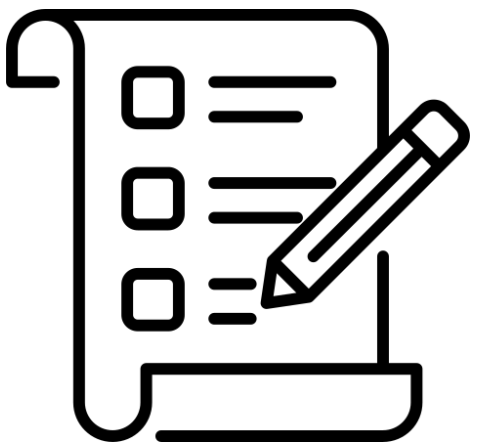
d. The Doctor and Amy go back in time and meet Van Gogh in a café. **2**

e. A guide in a museum tells visitors about Van Gogh. **1**

f. The Doctor has an idea. **6**

g. Van Gogh tries to give the Doctor a gift. **5**

h. The group go to a museum called the Musée d'Orsay. **7**



2D The time traveler

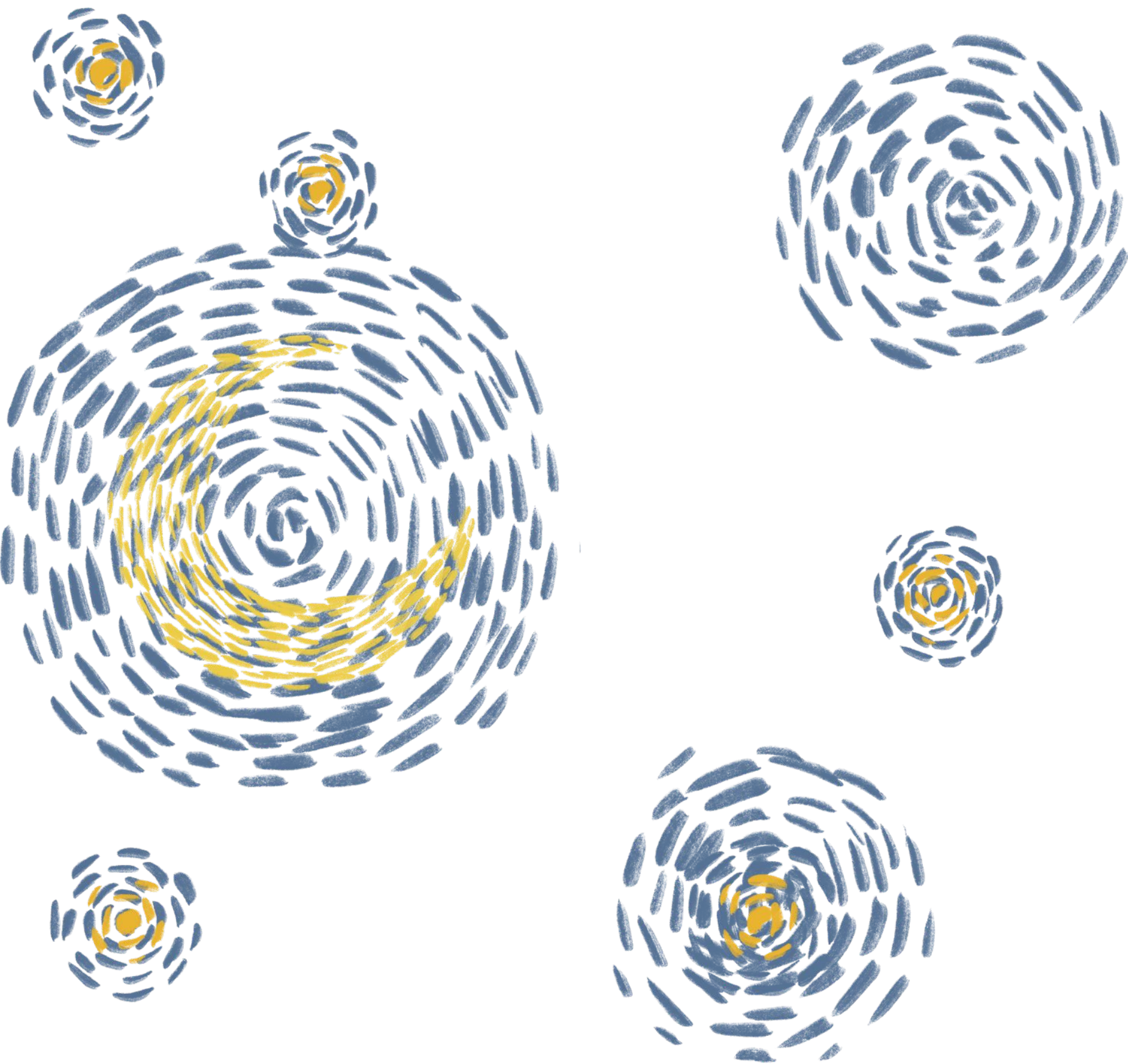
ST BOOK

pg. 28

2C. Work in groups. Discuss the questions.

1. Why do you think the Doctor took Van Gogh to the Musée d'Orsay?
2. How do you think Van Gogh feels by the end of the episode? How has his life changed?





You are doing
★ GREAT! ★



Vocabulary

Extreme adjectives

Which of the following words sound stronger or more dramatic?

☐

good

☐

great

☐

incredible

☐

surprising

☐

astounding

☐

big

☐

huge

☐

nice

☐

beautiful

☐

magnificent

Vocabulary

Extreme adjectives

Which of the following words sound stronger or more dramatic?

☐ good

☐ great

☒ incredible

☐ surprising

☒ astonishing

☐ big

☒ huge

☐ nice

☐ beautiful

☒ magnificent

Vocabulary

Extreme adjectives

3A. Read the sentences from the programme. Choose the correct meanings for the adjectives in bold.

1. Those final months of his life were probably the most **astonishing** artistic outpouring in history.

☐ a. sad and dark

☒ b. very surprising or amazing

2. That's **incredible**, don't you think, Amy?

☒ a. extremely good or great

☐ b. not believable

3. You know, you should be careful with these [paintings]. They're **precious**.

☒ a. valuable and important

☐ b. very large

4. This is the **mighty** Musée d'Orsay, home to many of the greatest paintings in history.

☒ a. very large and important

☐ b. extremely old

5. Van Gogh is the **finest** painter of them all.

☐ a. most famous

☒ b. best

6. His command of colour, the most **magnificent**.

☒ a. extremely good

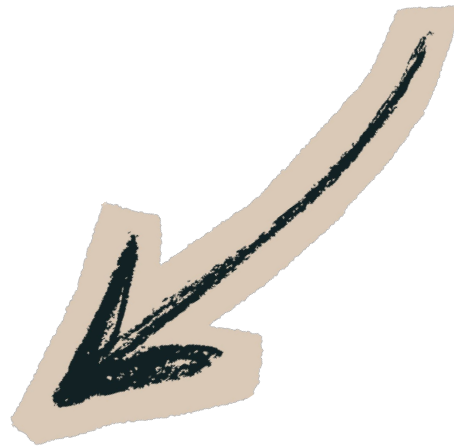
☐ b. very bright or shiny



Vocabulary

Extreme adjectives

ST BOOK
pg. 28



3A. Read the sentences from the programme. Choose the correct meanings for the adjectives in bold.

1. Those final months of his life were probably the most **astonishing** artistic outpouring in history.

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- ☒ a. extremely good or great ☐ b. not believable

3. You know, you should be careful with these [paintings]. They're **precious**.

- ☒ a. valuable and important ☐ b. very large

4. This is the **mighty** Musée d'Orsay, home to many of the greatest paintings in history.

- ☒ a. very large and important ☐ b. extremely old

5. Van Gogh is the **finest** painter of them all.

- ☐ a. most famous ☒ b. best

6. His command of colour, the most **magnificent**.

- ☒ a. extremely good ☐ b. very bright or shiny

3B. Which of the adjectives in Ex 3A can you use with *very*? Which are extreme adjectives?

“Precious” is the only word that can go with *very*. All the other words are extreme adjectives.

Vocabulary

Extreme adjectives

ST BOOK
pg. 28



3C. Work in groups. Try to name the following:

- a magnificent work of art.
- an astonishing scientific achievement.
- a very fine film or piece of music.
- something precious in your country.
- a mighty person.
- an incredible time to be alive in history.





Thank you!

Now, let's practice some writing ;)



WRITING BANK

PRE WRITING

ST BOOK
pg. 104

1A. Read the information about a writing competition. Answer the questions.

Get your article published!

If you could meet any person from the past, who would you meet, why and what would you do? Tell us in no more than 200 words and make sure you give it an attention-grabbing title!

The three winning entries will be published in next month's issue.

1. What happens to the best entries?
2. What do you have to write about?
3. What's the maximum number of words?
4. What do you have to include?





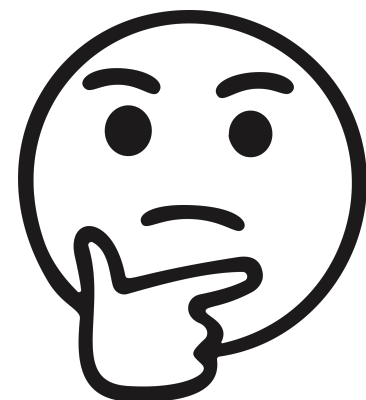
1B. Read the competition entry. Which is the best title?

If I could go back in time and meet anyone I wanted, I'd go back to the 1800s and meet Jules Verne. Jules Verne was a French author who is famous for his revolutionary science-fiction and adventure novels like *Around the World in Eighty Days* and *Twenty Thousand Leagues Under the Sea*.

I'd take him for coffee and pastries in a café in Paris, where he lived, and ask him where he got his ideas from. Verne wrote about space travel and underwater travel before air travel and submarines were common, and before space travel existed. I would ask him what life was like for a writer in those times.

Although Verne wrote about travel adventures, he hadn't travelled much himself until the 1860s when he bought a small sailing boat. So, after our coffee, we would take a trip on his boat, perhaps to the Bay of Biscay, and I would ask him to read to me from his books.

- ☐ The biography of Jules Verne
- ☒ A visit with Verne
- ☐ A sailing trip to the Bay of Biscay





1C. Choose the best tips (1–4) for writing engaging titles.

A good title:

-  1. shouldn't be too long.
-  2. should describe everything mentioned in the text.
-  3. will make someone want to find out more.
-  4. uses poetic devices like alliteration (words beginning with the same letter) or metaphors.



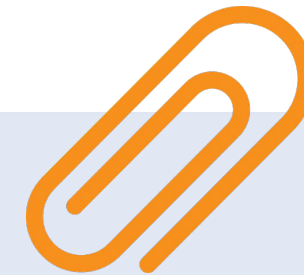


WRITING BANK

ST BOOK
pg. 104

1D. Read the competition information in Ex 1A again. Plan your answer and think of a good title.

Get your article published!



If you could meet any person from the past, who would you meet, why and what would you do? Tell us in no more than 200 words and make sure you give it an attention-grabbing title!

The three winning entries will be published in next month's issue.



1E. Write your competition entry.





Thank you for your amazing work

